

**Amraze Jild Wa Tazeeniyat Publication Details**

s.no.	Title	Author name	Journal	Publishing year
1	Evaluating The Efficacy Of Tukhm Turb (Raphanus Sativus L. Seeds) In Melasma: Insights From Recent Research And Traditional Unani Literature	DR.FAIZA HUSSAIN	Journal of Drug Delivery and Therapeutics	February 2025
2	<i>Marham-I-Raal</i> : A Natural Multifaceted Formulation For Enhanced Wound Healing	DR. KAUSER ANSARI	International Journal of Scientific Reports	January 2025
3	Unani And Modern Perspective To Understanding And Managing <i>Bahaq</i> (Pityriasis Versicolor): A Comprehensive Review	DR. ZAEEMA QURESHI	Journal of Drug Delivery and Therapeutics	February 2025
4	Grapes As A Medicine In The Light Of Prophetic & Unani Medicine: A Comprehensive Review	DR. MUNAVVAR SAEED	International Journal of Unani And Integrative Medicine	August 2024

Published Paper List of Dr. Meraj, PG Scholar, Department of Ilaj Bil Tadbeer				
S.No.	Title	Journal Name	Year of Publication	DOI
1	<b>Evaluating the Efficacy of Tukhm Turb (Raphanus sativus L. Seeds) in Melasma: Insights from Recent Research and Traditional Unani Literature</b>	<i>Journal of Drug Delivery and Therapeutics</i>	2025	DOI: <a href="https://doi.org/10.22270/jddt.v15i2.6991">https://doi.org/10.22270/jddt.v15i2.6991</a>
2	<b>Unani Regimenal Therapy for Knee Osteoarthritis (Waja ‘al Rukba): A Comprehensive Scientific Assessment</b>	<i>Journal of Drug Delivery and Therapeutics</i>	2024	DOI: <a href="https://doi.org/10.22270/jddt.v14i10.6855">https://doi.org/10.22270/jddt.v14i10.6855</a>
3	<b>Comprehensive Review on Nilofar (Nymphaea alba Linn): Unani Perspectives and Therapeutic Potentials</b>	<i>International Journal of Pharmaceutics and Drug Analysis</i>	2024	DOI: <a href="https://doi.org/10.47957/ijpd.a.v12i3.599">https://doi.org/10.47957/ijpd.a.v12i3.599</a>
4	<b>Successful Management of Waja’al-Rukba (Knee Osteoarthritis) with Unani Pharmacopeial Poultice: A Case Study</b>	<i>International Journal of Alternative and Complementary Medicine</i>	2024	DOI: <a href="https://doi.org/10.46797/ijacm.v5i2.596">https://doi.org/10.46797/ijacm.v5i2.596</a>
5	<b>Mizāj (Temperament) in Unani Medicine: Scoping Review Elaborating the Historical Context and Contemporary Relevance</b>	<i>Journal of Innovations in Applied Pharmaceutical Science (JIAPS)</i>	2024	DOI: <a href="https://doi.org/10.37022/jiaps.v9i2.595">https://doi.org/10.37022/jiaps.v9i2.595</a>
6	<b>Utilization of unani regimenal therapy for the management of insomnia: a rapid scoping review</b>	<i>World Journal of Current Medical and Pharmaceutical Research</i>	2024	DOI: <a href="https://doi.org/10.37022/wjcmpr.v6i2.325">https://doi.org/10.37022/wjcmpr.v6i2.325</a>
7	<b>A Comprehensive Review of Insomnia and Its Regimenal Management in The Unani System of Medicine</b>	<i>Journal of Drug Delivery and Therapeutics</i>	2024	DOI: <a href="https://doi.org/10.22270/jddt.v14i5.6562">https://doi.org/10.22270/jddt.v14i5.6562</a>
8	<b>A REVIEW OF ڊاڄٽِ آل-دام قاوي (HYPERTENSION)</b>	<i>International Journal of Research and</i>	2024	DOI: <a href="https://doi.org/10.1729/Journal.38663">https://doi.org/10.1729/Journal.38663</a>

		REGARDING IMTILĀ' (PLETHORA), ITS	Analytical Reviews			
S.No.	Publication name	PREVENTION AND CONTROL THROUGH ASBĀB SITTA	(Title)	Journal Name	Date of Publication	
		DARURIYYA (SIX ESSENTIAL FACTORS) IN THE UNANI SYSTEM OF MEDICINE				
9		A Systematic Review of Unani Regimenal Therapy in the Management of Insomnia	SSRN Electronic Journal	2024	DOI: <a href="https://doi.org/10.2139/ssrn.4820890">https://doi.org/10.2139/ssrn.4820890</a>	
<b>Published Paper List of Dr. Almas Furquan, PG Scholar, Department of Ilaj Bil Tadbeer</b>						
1		Unani Regimenal Therapy for Knee Osteoarthritis (Waja 'al Rukba): A Comprehensive Scientific Assessment	Journal of Drug Delivery and Therapeutics	2024	DOI: <a href="https://doi.org/10.22270/jddt.v14i10.6855">https://doi.org/10.22270/jddt.v14i10.6855</a>	
<b>Published Paper List of Dr. Syed Faisal Ali, PG Scholar, Department of Ilaj Bil Tadbeer</b>						
1		Therapeutic potential of quince in Tibbe-e-Nabwi: A review of traditional and modern perspectives	International Journal of Unani and Integrative Medicine	2024	DOI: <a href="https://doi.org/10.33545/2616454X.2024.v8.i3c.313">https://doi.org/10.33545/2616454X.2024.v8.i3c.313</a>	
<b>Published Paper List of Dr. Mohd Hammad Athar Ansari, PG Scholar, Department of Ilaj Bil Tadbeer</b>						
1		Therapeutic potential of quince in Tibbe-e-Nabwi: A review of traditional and modern perspectives	International Journal of Unani and Integrative Medicine	2024	DOI: <a href="https://doi.org/10.33545/2616454X.2024.v8.i3c.313">https://doi.org/10.33545/2616454X.2024.v8.i3c.313</a>	

1	Dr. Sadaf Naaz	The Beneficial Effects of Pomegranate: A Perspective from Tibb-e-Nabwi	International journal for Multidisciplinary Research	2024-07-04
2	Dr. Hina Khan	Scientific basis for the innovative uses of henna (Lawsonia inermis L.) mentioned in Tibbe Nabwi for different ailments	International Journal of Unani and Integrative Medicine	2024-11-19
3	Dr.Saliha	Herbal Interventions for Obesity: A Review of Unani Medicinal Herbs	alternative therapies in health and medicine	2025-02-03
4.1	Dr.Noushiba Khan	<b>Comprehensive Review on Nilofar (Nymphaea alba Linn): Unani Perspectives and Therapeutic Potentials</b>	<i>International Journal of Pharmaceutics and Drug Analysis</i>	2024-10-09
4.2		<b>Successful Management of Waja'al-Rukba (Knee Osteoarthritis) with Unani Pharmacopeial Poultice: A Case Study</b>	<i>International Journal of Alternative and Complementary Medicine</i>	2024-09-02
4.3		<b>Mizāj (Temperament) in Unani Medicine: Scoping Review Elaborating the Historical Context and Contemporary Relevance</b>	<i>Journal of Innovations in Applied Pharmaceutical Science (JIAPS)</i>	2024-08-25
4.4		<b>Utilization of unani regimenal therapy for the management of insomnia: a rapid scoping review</b>	<i>World Journal of Current Medical and Pharmaceutical Research</i>	2024-06-08
4.5		<b>A Comprehensive Review of Insomnia and Its Regimenal Management in The Unani System of Medicine</b>	<i>Journal of Drug Delivery and Therapeutics</i>	2024-05-15
4.6		<b>A REVIEW OF ḌAGHṬ AL-DAM QAWWĪ (HYPERTENSION) REGARDING IMṬILĀ' (PLETHORA), ITS PREVENTION AND CONTROL THROUGH ASBĀB SITTA ḌARŪRIYYA (SIX ESSENTIAL FACTORS) IN THE UNANI SYSTEM OF MEDICINE</b>	<i>International Journal of Research and Analytical Reviews (IJRAR.ORG)</i>	March 2024
4.7		<b>A Systematic Review of Unani Regimenal Therapy in the Management of Insomnia</b>	<i>SSRN Electronic Journal</i>	10 May 2024